Sunday 7:00 PM Tweaker Project (Online Only) Now Fully Self-Supporting! Newcomers encouraged to attend! Second Sundays: Tweaker Speaker Zoom Meeting ID: 891-1202-3356

Monday 6:30 PM Life After Crystal (In-Person Only)

Open Meeting: All are welcome! Reading lead / open share. Located at Saint Peter & Saint Mary Episcopal Church (North Red Doors) 126 W 2nd Ave, Denver, CO 80223

Tuesday 12:00 PM

Bitches Breaking Bad: A Women's Meeting of Crystal Meth Anonymous (Online Only)

Open to all women identifying. Zoom Meeting ID: 938-6243-1119

Tuesday 7:30 PM

Crystal Clear Denver (In-Person Only)

Open Meeting: All are welcome! Located at Advocates For Recovery Meeting space in the back parking lot. 6981 Federal Boulevard Westminster, CO 80221

Tuesday 7:30 PM All Our Affairs (Online Only)

A candlelight meeting focused on dating, intimate relationships, and sex in sobriety. Zoom Meeting ID: 833-5110-4638 Passcode: 123

Wednesday 5:45 PM

Quit Methin' Around (Hybrid)

In-person and online. Located behind the gas station. Day At A Time Club (DAAT) 3345 S Wadsworth Blvd Unit H-125, Lakewood, CO 80227 Zoom Meeting ID: 883-6671-2022 Passcode: 5g1JUC

<u>Wednesday 7:00 PM</u>

Open Blinds (In-Person Only) Meeting space entrance in back alley. Located at Tribe Recovery Homes INC 1178 Mariposa St, Denver, CO 80204

Thursday 6:30 PM

Life After Crystal (Online Only)

Open Meeting: All are welcome! Zoom Meeting ID: 887-423-941 Password: LAC1!

<u>Thursday 6:30 PM</u>

Hope Dealers (Pueblo In-Person Only) Pueblo's only CMA meeting.

Come in through the front door. Located at The 3 Point Club 2506 Lake Ave, Pueblo, CO 81004

Thursday 7:15 PM

Bitches Breaking Bad: A Women's Meeting of Crystal Meth Anonymous (Online Only) Open to all women identifying. Zoom Meeting ID: 938-6243-1119

Friday 6:30 PM

Life After Crystal (In-Person Only)

Open Meeting: All are welcome! Newcomer Meeting! Located at Saint Peter & Saint Mary Episcopal Church (North Red Doors) 126 W 2nd Ave, Denver, CO 80223

Saturday 10:30 AM

Topic + 5 Minute Meditation Lead Life After Crystal (In-Person Only) Located at Saint Peter & Saint Mary Episcopal Church (North Red Doors) 126 W 2nd Ave, Denver, CO 80223

Saturday 8:00 PM

Open Blinds (In-Person Only)

Meeting space entrance in back alley. Located at Tribe Recovery Homes INC 1178 Mariposa St, Denver, CO 80204

> H&I Meetings Hospitals and Institutions

Friday 11:15 AM

Denver Metro Recovery Courts

Third Friday Only (Online Only) Email hiococma@gmail.com to request meeting attendance verification. Zoom Meeting ID: 815-7414-3352

Sunday 7:00 PM

ICCS / Spundercats (In-Person Only) Open to all male identifying. (Need to bring ID) 1651 Kendall St, Lakewood, CO 80214

-H&I CONTINUED ON BACK-

H&I Meetings Hospitals and Institutions

Monday 7:00 PM

Here's How (In-Person Only) The Salvation Army Denver Harbor Light 2136 Champa Street Denver, CO 80205

Colorado Area Hospitals and Institutions Committee Meeting

Second Saturdays Only: 4:30PM (Online Only)

Email hiococma@gmail.com for more info! Zoom Meeting ID: 820-5256-5634 Passcode: service

Colorado Area Business Meeting

Second Saturdays Only: 6:30PM (In-Person and Online)

Meeting space entrance in back alley. Located at Tribe Recovery Homes INC 1178 Mariposa St, Denver, CO 80204

Join us via Zoom: Meeting ID: 84352628743 Password: COArea



What is Crystal Meth Anonymous?

Crystal Meth Anonymous is a fellowship of people for whom crystal meth has become a serious problem. The only requirement for membership is a desire to stay clean. The members of Crystal Meth Anonymous meet regularly, share support and fellowship, and create a safe environment to stay clean. The fellowship advocates complete abstinence from crystal meth, alcohol, illegal inhalants, and medications not taken as prescribed, as well as all other mind-altering substances. The Twelve Step program that we follow is found in the text of the book, "Alcoholics Anonymous." We begin to define our relationship with spirituality as we work the Twelve Steps with a sponsor. The Twelve Steps are a set of principles designed to produce a spiritual awakening. The steps promote actions that help us to achieve and maintain sobriety. They offer a plan for recovery that helps repair the damage our addiction to crystal meth has caused. The steps guide us with new ways of living to create a fulfilling life in recovery. Our primary purpose is to lead a sober life and to carry the message of recovery to the crystal meth addict who still suffers.

The Twelve Steps of CMA

1. We admitted that we were powerless over crystal meth and our lives had become unmanageable.

2. Came to believe that a power greater than ourselves could restore us to sanity.

 Made a decision to turn our will and our lives over to the care of a God of our understanding.
 Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another person the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

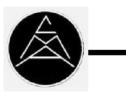
7. Humbly asked God to remove our shortcomings.

8. Made a list of all persons we had harmed and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with a God of our understanding, praying only for the knowledge of God's will for us and the power to carry that out.

12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to crystal meth addicts, and to practice these principles in all of our affairs.



Crystal Meth Anonymous Colorado Area Intergroup 951 20th St P O Box 921 Denver, CO 80201 www.coloradocma.org

Colorado Area Meeting List

Last Updated July, 2023

For a list of CMA meetings in Colorado please visit: www.coloradocma.org/meetings/



For virtual meetings outside of The Denver Metro Area please visit: www.crystalmeth.org



You always have a seat here! Welcome home!